

Target Audience

This continuing education program is designed for physicians, physician assistants, nurses, pharmacists, psychologists, social workers, physical therapists, occupational therapists, nursing home administrators, tribal health administrators and practitioners, and other health care providers working in geriatric care and education.

Goal

Increase health care providers' knowledge, understanding and implementation of best practices in the care of older persons with late life depression.

Objectives

Upon completion of the conference, participants should be able to:

1. Describe the epidemiology of geriatric depression and the need for psychosocial treatments.
2. Compare and contrast evidence-based psychosocial treatments for late life depression.
3. List the illnesses frequently comorbid with depression in older adults.
4. Quantify the impact of depression on comorbidity and mortality.
5. Select the best antidepressant drug for an older patient with depression based upon evidence-based data and national treatment guidelines.
6. Review acute and maintenance antidepressant therapy in older patients in terms of indications, drug dosage, and monitoring for adverse effects and drug-drug interactions.
7. Describe the incidence of suicide in older adults and the risk factors associated with this phenomenon.
8. Recommend strategies appropriate for primary care and home healthcare to improve the detection and treatment of late life depression.

CONTINUING EDUCATION CREDIT

Participants at each site will be required to sign the attendance sheet, and return the participant profile form, one copy of the implementation plan, the pre/post test, and the evaluation. Certificates will be provided within 30 days of the conference.

Continuing Medical Education

Accreditation Statement



This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Saint Vincent Healthcare and the Montana Geriatric Education Center. Saint Vincent Healthcare is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Saint Vincent Healthcare designates this live activity for a maximum of six (6) *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physician Assistants

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 credit™* from organizations accredited by ACME or a recognized state medical society. Physician assistants may receive a maximum of 6 hours of Category 1 credit for completing this program.

Accreditation Council for Pharmacy Education

The Skaggs School of Pharmacy at The University of Montana is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge based program is approved for 6.5 contact hours (0.65 CEU) as universal activity number UAN# 0035-9999-11-014-L01-P. Programs may be used by nurse specialists and naturopathic physicians depending on the applicant's area of specialty.

Successful participants must attend the entire program, sign-in at the beginning of both morning and afternoon sessions, and complete a program evaluation form. Statements of credit will be mailed within three weeks after the program to participants who satisfy these requirements.

Montana Nurses Association

The Montana Geriatric Education Center (MNA-09MGEC11) is an approved provider of continuing nursing education by the Montana Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Contact Hours 6.5

Montana Board of Nursing Home Administrators

Montana Geriatric Education Center is a certified pre-approved provider of continuing education credit with the Montana Board of Nursing Home Administrators.

Montana Psychological Association

Psychologists may submit this program to the Montana Psychological Association for continuing education credit by sending a certificate of attendance, handouts and program schedule of the conference.

Montana Board of Social Worker Examiners and Professional Counselors

The Montana Board of Social Work Examiners and Professional Counselors has approved this program for 6.5 hours for program #SWP/MFT/LAC-463-2011

Montana Board of Occupational Therapy Practice

The Montana Board of Occupational Therapy Practice has approved this program for 6.5 continuing education hours.

Montana Chapter- American Physical Therapy Association

The Montana Chapter of the Physical Therapy Association has endorsed this program for 6.5 contact hours (0.65 CEU)

<http://mtgrec.umontana.edu> • Email: Montana.GEC@umontana.edu • Toll Free 866.506.8432 • Missoula Area 406.243.2453

Montana Geriatric Education Center

in cooperation with

Montana Gerontology Society,

Saint Vincent Healthcare,

and

The University of Montana Skaggs School of Pharmacy

9th Annual Conference



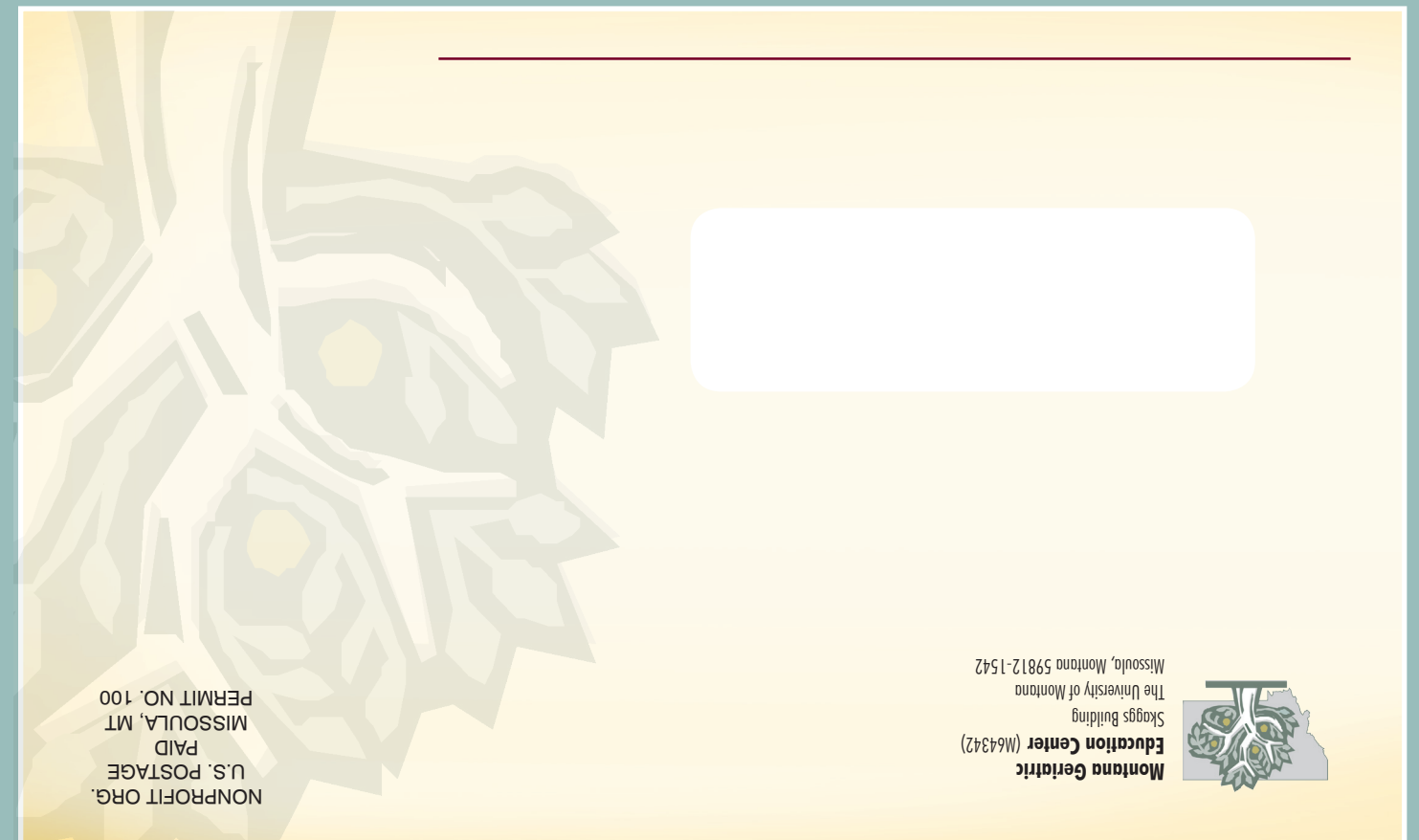
A Comprehensive Approach to Late Life Depression

Speakers presenting from Billings and Missoula will be broadcast to interactive videoconferencing sites around Montana.

Tuesday, October 11, 2011

The University of Montana

Continuing Education Program for Health Professionals



Montana Geriatric Education Center (M64342)
Skaggs Building
The University of Montana
Missoula, Montana 59812-1542



Registration

Fees include conference materials and continuing education credit. There will be a continental breakfast and lunch in Billings, and a continental breakfast in Missoula. There will not be provisions for meals at other sites. Handouts may be printed from <http://mtgce.umontana.edu> for students and those who register after October 1.

Register by phone at: 406-237-3348

Register by Fax to: SVH at 406-238-6977

Register by Mail:

SVHU- A. Heaney
1233 North 30th St.
Billings, MT 59101

Cancellation/Refund Policy: Refunds will be honored when a request is received in writing by October 1, 2011.

Checks are payable to SVH

Registration fees Conference

\$75- Billings with CE/CME

\$65- Missoula CE/CME

\$55- Video conference sites
With CE/CME

\$25- Without CE

Free- Students (must register)

UM Missoula Parking Pass \$3.00

Conference and 2 Follow-up Video Sessions*

\$85-Billings with CE/CME

\$75- Missoula CE/CME

\$65- Video conference sites
with CE/CME

\$35- Without CE

Free- Students (must register)

Please check the appropriate boxes.

Type of Continuing Education:

CE- Continuing Education for your discipline

CME- Continuing Medical Education

CPE- Pharmacy (ACPE)

Profession:

APRN Nurse Physician Assistant Pharmacist

Physical Therapist Physician Social Worker Psychologist

Occupational Therapist Nursing Home Administrator

Other Profession _____

Name _____

Organization or Business _____

Address _____

City, State, Zip _____

Daytime Telephone _____

Email _____

Reservations for videoconferencing sites must be made by September 30th.

Please indicate where you will be attending.

Individual sites may be cancelled if inadequate registrations are received.

VIDEOCONFERENCE LOCATIONS:

- Billings: Mansfield Health Education Center
- Missoula: UM Todd Building, Rooms 203 & 204
- Baker: Fallon Medical Complex
- Big Timber: Pioneer Medical Center
- Bozeman: MSU Burns Telecommunications
- Butte: MT Tech Sub-Kelly Steward Room
- Choteau: Teton Medical Center
- Cut Bank: Glacier County Medical Center
- Culbertson: Roosevelt Memorial Hospital
- Dillon: Barrett Memorial Hospital
- Ekalaka: Dahl Memorial Healthcare
- Fort Benton: Missouri River Medical Center
- Glasgow: Francis Mahon Deaconess Hospital
- Glendive: Glendive Medical Center
- Great Falls: Benefis East Campus, Room 5
- Hardin: Big Horn Hospital
- Harlowton: Wheatland Memorial Hospital
- Havre: Northern Montana Hospital
- Helena: St Peter's Hospital, Education Center
- Kalispell: Kalispell Regional Medical Center-Paintbrush
- Livingston: Livingston Healthcare
- Malta: Phillips County Hospital
- Miles City: Holy Rosary Healthcare
- Plentywood: Sheridan Memorial Hospital
- Poplar: NE MT Health Services
- Scobey: Daniels County Memorial Hospital
- Shelby: Marias Medical Center
- Wolf Point: Chief Redstone Clinic

CHECK
Name on check (Please print legibly.) _____

Check # _____

CREDIT CARD
Name on credit card (Please print legibly.) _____

Card # _____

Expiration Date _____ Signature Code _____

Signature _____

Amount _____

***Follow-Up Video Sessions:** MTGEC will host two follow-up interactive video sessions in early 2012.

January 24, 2012 (7:45-9 a.m.): Using a case-based approach, discuss the recognition, assessment and diagnosis of depression in an older patient.

February 21, 2012 (7:45-9 a.m.): Examine treatment options, suicide prevention, and community resources available to assist older patients with depression.

Participants from various disciplines will earn 1 contact hour for each session. Materials will be sent ahead of time so that preparation can be done in advance of the meeting. The cost for both sessions is \$10 if this fee accompanies registration for this conference. See details above.

Conference Faculty and Agenda

October 11, 2011

A Comprehensive Approach to Late Life Depression

7:30 to 8:00 a.m.

Registration, Complete pre-test and participant profile

8:00 to 8:15 a.m.

Introductions, Disclosure statement

8:15 to 9:45 a.m.

Psychosocial Treatments for Late-life Depression
Dimitris Kiosses, Ph.D.

(Presenting from Missoula)

Dr. Kiosses is an Associate Professor of Psychology in Clinical Psychiatry at Weill Cornell Medical College. He is a licensed psychologist and has been trained in Cognitive Therapy at the Beck Institute for Cognitive Therapy and Research. He is also certified in Problem Solving Therapy and Supportive Psychotherapy. Dr. Kiosses' research focuses on the development of psychotherapies for geriatric depression. He has recently received a 5-year research award from the National Institute of Mental Health to test Problem Adaptation Therapy (PATH), a new home-based intervention for depressed elders with advanced cognitive impairment and disability.

9:45 to 10:00 a.m.

Break

10:00 to 11:30 a.m.

Depression and Chronic Illness
Kurt Kroenke, M.D.

(Presenting from Billings)

Dr. Kroenke is a Professor of Medicine at the Indiana University School of Medicine and Research Scientist at the Regenstrief Institute and the VA Center for Implementing Evidence-Based Practice. Dr. Kroenke conducts research on depression, anxiety, somatization and other mental disorders in primary care.

11:30 a.m. to 12:30 p.m.

Lunch

12:30 to 2:00 p.m.

Drug Therapy for Late Life Depression
Glen Stimmel, PharmD, BCPP

(Presenting from Missoula)

Dr. Stimmel is a Professor of Clinical Pharmacy, Psychiatry and the Behavioral Sciences at the University of Southern California School of Pharmacy and Keck School of Medicine. His research interest is in strategies to improve psychiatric drug therapy in primary care settings; his current clinical practice is in a geriatric primary care clinic, and a depression consult service in a rheumatology clinic. Dr. Stimmel is a founding member and Past President of the College of Psychiatric and Neurologic Pharmacists. He is an original member and past Chair of the Board of Pharmaceutical Specialties' Specialty Council on Psychiatric Pharmacy Practice.

2:00 to 2:15 p.m.

Break

2:15 to 3:45 p.m.

**Suicide Prevention in Patients with
Late Life Depression**

Martha Livingston Bruce, Ph.D.

(Presenting from Billings)

Dr. Bruce is a Professor of Sociology in Psychiatry at Weill Cornell Medical College and the Clinical Epidemiology Program at the Graduate School of Medical Sciences. She is Co-Director for the Weill Cornell Advanced Research Center in Geriatric Mental Health and Cornell representative to the Governing Council of the National Network of Depression Centers. Dr. Bruce was the lead author on the report of the Prevention of Suicide in Primary Care Elderly: Collaborative Trial (PROSPECT) and a scientific advisor to the VA 2008 Blue Ribbon Panel on Suicide Prevention.

3:45 to 4:00 p.m.

Complete and return evaluation, participant profile, one copy of the implementation plan, and the pre/post test.

The Montana Geriatric Education Center is funded by a five year grant from the U.S. Health Resources and Services Administration: 1UB4HP19056-01-00. The total award is \$2,136,009.00 and supports the center 100%. MTGEC: A consortium of the University of Montana, Saint Vincent Healthcare, and Montana Tech.